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Read Now Eat This! by Rocco DiSpirito for free with a 30 day free trial. Read unlimited* books and audiobooks on the web, iPad, iPhone and Android.

Now Eat This!: 150 of America's Favorite fort Foods ...

Referred to as America's original "Rockstar Chef," Rocco has been featured in Harper's Bazaar, Cosmopolitan, W, The New York Times, Details, House Beautiful, Us, OK! and People, including the Sexiest Man Alive issue.

Now Eat This! by Rocco DiSpirito Penguin Random House

About Now Eat This! #1 NEW YORK TIMES BESTSELLER • Fried chicken, macaroni and cheese, brownies, and 147 other favorite recipes under 350 calories! In this delectable cookbook, award winning chef Rocco DiSpirito transforms America's favorite comfort foods into deliciously healthy dishes—all with zero bad carbs, zero bad fats, zero sugar, and maximum flavor.

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